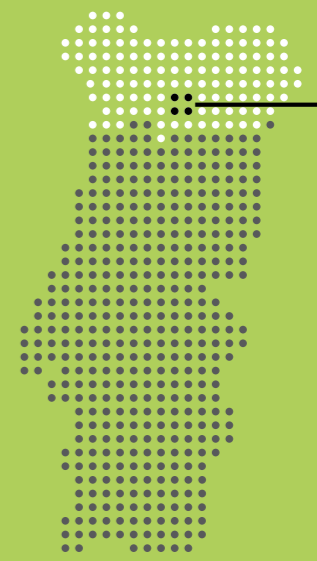


MINI GUIDE

TABUAÇO



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TASTE

Tabuaço cuisine is closely linked to its ancestors and is known for its traditional knowledge and flavours. Its special dish is the famous stuffed goatling with oven rice. Note also the Bolo-Rei (Christmas cake) of Tabuaço, considered by many as the best in the country. A land of good Douro and Port wines and excellent olive oil, it also offers rich conventual sweets, a heritage left by the Cistercian monks, which must not be forgotten either!

CUISINE AND WINES

- 1. Stuffed goatling with oven rice
- 2. Bolo Rei - King Cake (Type of Christmas Cake)
- 3. Conventual sweets
- 4. Douro and Port wine



BREATHE

The diverse landscape is the most beautiful expression of Tabuaço. It consists of the traditional Douro vineyards on ledges, pinewoods and crop fields in the Beira region, offering seduced and surprising itineraries, river and creeks, and the still unexplored mountains. The Douro River and its tributaries, Távora, Tedo and Torto, bring out the beauty of Tabuaço. Unparalleled landscapes with marked contrasts between the mountain and the valley, boasting varying shades of green and yellow in the vineyards, and the blue sky and water.

NATURE TOURISM

- 1. Natural castles of Cabriz
- 2. Pedregal Belvedere
- 3. Távora River pier
- 4. Adorigo Belvedere
- 5. Valença do Douro Belvedere
- 6. Douro river front



SEE

Agriculture is the sector with the greatest weight in the economy of Tabuaço. The municipality is hospitable and has friendly people. This is where the famous Douro and Porto wines are grown and matured in farms characterised by their typical Douro-style architecture, and where century-old winemaking traditions blend in with the most modern techniques in the world, making this county one of the most successful Douro wine producers.

BUSINESS TOURISM

- 1. Production and export of wines
- 2. Crafts
- 3. Jams and conventual sweets
- 4. Wine tourism and agri tourism
- 5. Production and export of olive oil

Barcos wine producing village stands out in the landscape due to its structure, consisting of a primitive core built around the Parish Church (national monument). It boasts a number of medieval buildings, grand houses and more typical modest houses. Tabuaço has some of the most beautiful Douro places, typical dazzling villages, with its wonderful people, traditions, and culture and story tales.



GETAWAY

CITY & SHORT BREAKS

- 1. Granja do Tedo – a preserved village
- 2. Barcos – a wine producing village
- 3. S. Pedro das Águas farming estate and convent
- 4. São João Festival

RELIGIOUS TOURISM

- 1. Parish Church of Tabuaço
- 2. Parish Church of Sendim
- 3. Parish Church of Sta. Leocádia
- 4. Parish Church of Barcos
- 5. S. Sebastião Chapel
- 6. N. Sra. do Sabroso Sanctuary



MEDITATE

Tabuaço has a rich religious heritage. Many places of worship can be found throughout the municipality, some of them quite old. There are strong traditions of pilgrimages. The festivities of S. João em Tabuaço are the most important ones, providing moments of socialisation, worship and a return to old traditions. All the pilgrimages across the municipality show that the populations are proud to preserve their festive celebrations

CULTURAL AND LANDSCAPE TOURISM

- 1. Romanesque Monastery of S. Pedro das Águas
- 2. Rock art engravings of Penedo das Pombas
- 3. Citânia de Longa – hill fort
- 4. The Douro Imaginary Museum
- 5. Abel Botelho Museum
- 6. The Rijomax clock



DISCOVERY

The Romanesque Monastery of S. Pedro das Águas with its magnificent door is an icon of Tabuaço, a unique place where history, legends and nature come together in a perfect symbiosis of heritage and natural beauty. We invite you to discover the many secrets of Tabuaço, as this old village is filled with places of interest, for example, its many historical churches and the vast archaeological and natural heritage.

HEALTH AND WELLNESS TOURISM

- 1. Fradinho bouldering site
- 2. Granja do Tedo river beach
- 3. Walking trails, mountain bikes and off-road activities
- 4. Municipal swimming-pools
- 5. Távora River



LIVING

TABUAÇO

A BALCONY BETWEEN RIVERS AND MOUNTAINS



Tabuaço Municipality lies to the north of Viseu district in the Alto Douro Wine Region, a UNESCO World Heritage place.

The Municipality consists of 13 parishes spread across 142 km² and has about 6,000 inhabitants.

Tabuaço is like a balcony between rivers and mountains, with a stunning and charming nature, where visitors can explore two small worlds marked by nature, the work of men toiling under the basking summer sun, and history, and which offers wines blessed by the gods.

The diversity of landscape, nature in its pure state, the vineyards on ledges, the Mediterranean forests, the chestnut groves, the tranquil rivers, the traditions and popular culture, the wine, river and nature-related activities make Tabuaço an important Portuguese tourist site in the Douro region.

Several thematic tourist itineraries are available for visitors, especially from the Romanesque period: olive oil, wines, belvederes, and walking trails marked along the way and catalogued. The main anchors of tourism in Tabuaço are the manor houses and stately homes, Douro farms, typical wine-producing villages, pre-historical monuments, Romanesque churches, in particular the one in São Pedro das Águias, crafts, cuisine, story tales and traditions, as well as natural heritage.

Come and explore Tabuaço and discover the secrets of the Douro region.

USEFUL CONTACTS MUNICIPALITY

TABUAÇO CITY COUNCIL
TELEPHONE: (+351) 254 780 000

FIRE DEPARTMENT
TELEPHONE: (+351) 254 789 108

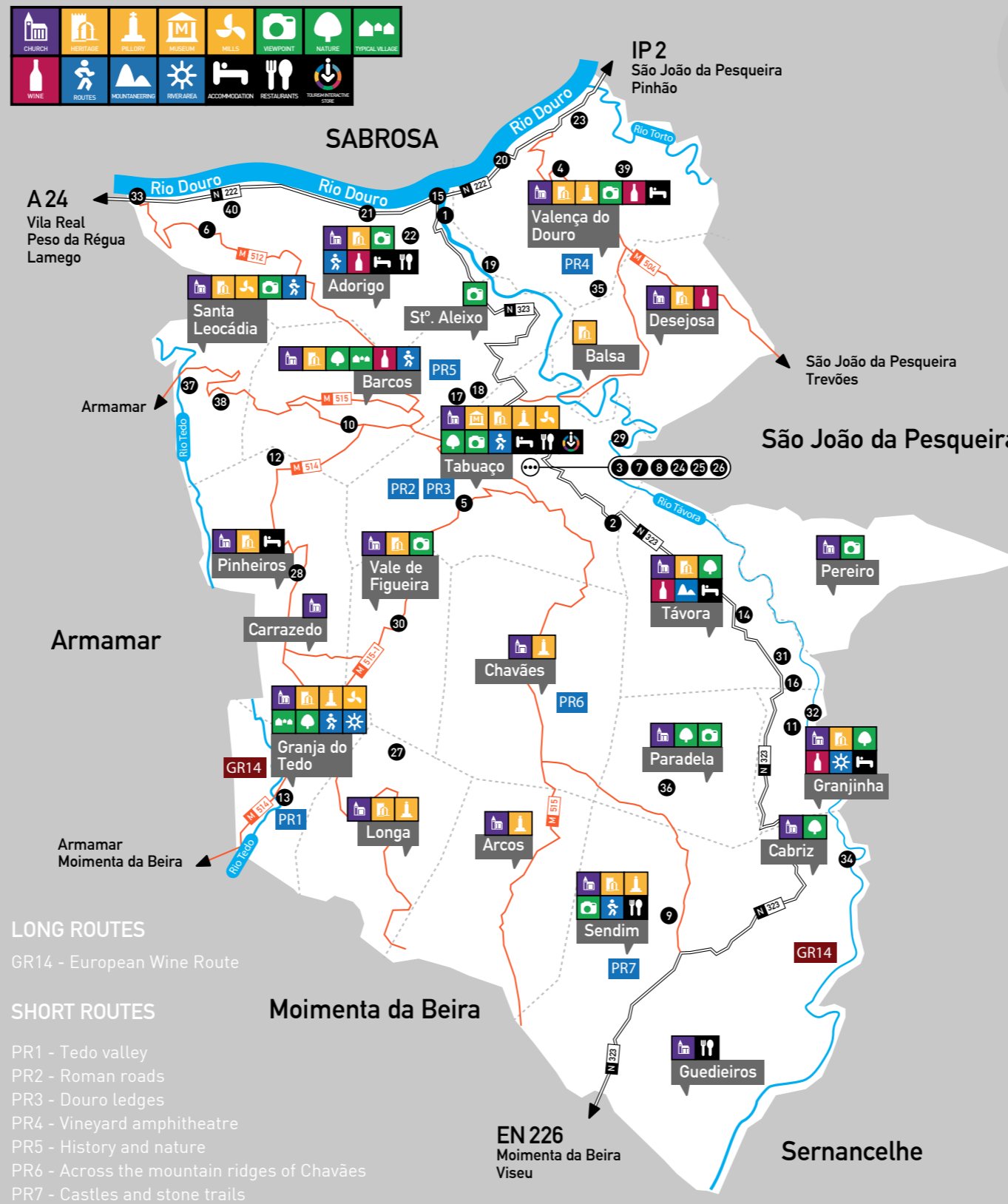
TABUAÇO HEALTH CENTRE
TELEPHONE: (+351) 254 780 130

INTERACTIVE TOURISM SHOP
TELEPHONE: (+351) 254 789 049

OPENING HOURS OF THE INTERACTIVE TOURIST SHOP:

MONDAY TO FRIDAY:
9 A.M. TO 12.30 A.M. | 2 P.M. TO 5.30 P.M.

SATURDAY, SUNDAY AND HOLIDAYS:
10 A.M. TO 12.30 A.M. | 2 P.M. TO 5 P.M.



- 1 - Távora River pier
- 2 - Fradinho bouldering site and belvedere
- 3 - Nossa Senhora da Conceição Belvedere
- 4 - Nossa Sr^a. de Fátima Belvedere - Valença do Douro
- 5 - Pedregal Belvedere
- 6 - São Luiz Belvedere - Adorigo
- 7 - Municipal swimming-pools
- 8 - Parish Church of Tabuaço
- 9 - Parish Church of Sendim and anthropomorphic graves
- 10 - Wine-producing village of Barcos and Romanesque parish church
- 11 - Romanesque monastery of S. Pedro das Águias
- 12 - Romanesque sanctuary of Nossa Sra. do Sabroso
- 13 - Preserved village of Granja do Tedo and Ponte Antiga
- 14 - Quinta da Aveleira
- 15 - Quinta do Espinho
- 16 - Quinta das Herédias
- 17 - Quinta do Monte Travesso
- 18 - Quinta da Padrela
- 19 - Quinta do Panascal
- 20 - Quinta do Pêgo
- 21 - Quinta do Pôpa
- 22 - Quinta de Santo António
- 23 - Quinta do Seixo
- 24 - Douro Imaginary Museum (MIDU)
- 25 - Abel Botelho Museum
- 26 - Rijomax clock
- 27 - Citânia de Longa
- 28 - Rock art engravings do Penedo das Pombas
- 29 - Poldras windmill
- 30 - Cabeça do Guerreiro
- 31 - S. Pedro das Águias farm and convent
- 32 - Távora River valley
- 33 - Mouth of the Tedo
- 34 - Natural castles of Cabriz
- 35 - São Sebastião Chapel
- 36 - Pedra do Cavallo
- 37 - Old bridge in Santa Leocádia / Santo Adrião
- 38 - Parish Church of Santa Leocádia
- 39 - Quinta da Côrte
- 40 - Quinta de São Luiz

LONG ROUTES

GR14 - European Wine Route

SHORT ROUTES

- PR1 - Tedo valley
- PR2 - Roman roads
- PR3 - Douro ledges
- PR4 - Vineyard amphitheatre
- PR5 - History and nature
- PR6 - Across the mountain ridges of Chavães
- PR7 - Castles and stone trails